## Ashford Health & Wellbeing Board (AHWB)

## Partner Quarterly Update for Public Health – Quarter 4: January to March 2017

## What's going on in our world

 Live Well services offering support for people with mental health conditions are being well received. Attached is Kent brochure giving details of support delivered.



- Public Health have just completed the Kent all Age Neurodevelopmental Needs Assessment (which covers the autism spectrum) using data from the Kent Integrated Data (KID) set. This Needs Assessment will be available shortly.
- The Joint Strategic Needs Assessment is currently being refreshed and will be published later in the year.
- Further work is about to commence on place and cause of death data.
- Ashford workplace event held on 7th April at the Invicta Business Point with 80 delegates across Kent focussed on:

The ageing workforce Mental Health in the workplace The national Occupational Health Service (Fit for Work)

 Public Health are working collaboratively on the specification for Health Visiting services and integrated activity with Health Visiting and Early help provision in Children's Centres.

## Success stories since last AHWB

- One You shop opened in Ashford. This drop-in facility provides advice and information on healthy weight, smoking, health checks and health MOTS and is the first One You shop in the country. It has had 218 people through the doors in the first 25 days and 344 low level interventions offering support, advice, signposting and referrals. Health MOTs and Health Checks are popular interventions with the public as well as regular Weigh-ins and blood pressure checks. The shop opened on the 10th February and is being piloted initially for 4 months although funding is being sought to extend the pilot period for 2 years to meet demand and popularity.
- Smoking in Pregnancy There has been an increase in the number of midwives CO monitor pregnant women at first appointment and consequently more pregnant women who smoke are being referred into the Stop Smoking services. Ashford midwifery teams located in the centre of Ashford are experiencing more difficulty in identifying smokers and referring them despite the higher prevalence in these areas. William Harvey Hospital now offer Nicotine Replacement Therapy and referral to quit support for smokers in maternity wards. A third-hand smoke guidance and poster in the hospital's Special Care Baby Unit have been produced to raise awareness of the harms of cigarette smoke on skin and clothing when parents pick up their babies.

What we are focusing on for the next quarter specific to the key projects	<ul> <li>Evaluating Obesity and Smoking Action Plans in Task and Finish groups</li> <li>Developing new proposals for forthcoming Obesity and Smoking Action Plans for 2017/18.</li> <li>Planning the sustainability and future delivery of Ashford One You shop</li> <li>Developing improved stop smoking provision to women who smoke in pregnancy.</li> <li>Submitting proposals for further planned developments for Smoking, Physical Activity, Mental Health, Alcohol and Workplace health within the Kent and Medway Sustainability and Transformation Plan within given timescales.</li> </ul>
Anything else relevant to AHWB priorities NOT mentioned above	n/a
Strategic challenges & risks including horizon scanning?	The extension of the Ashford One You shop pilot is dependent on secured funding which is currently being explored across partnerships.
Any thing else the Board needs to know Signed & dated	n/a
uateu	12 <sup>th</sup> April 2017